

Trustees' Annual Report for the period									
Period start date Period end date									
	Day	Month	Year		Day	Month	Year		
From	01	09	2018	То	31	08	2019		

Office of the Scottish Charity Regulator

Reference and administration details

Charity name	Projekt
Other names charity is known by	
Registered charity number	SC 0459
Charity's principal address	117 Lei

Projekt 42	
SC 045938	
117 Leith Walk	
Edinburgh	
	Postcode EH6 8NP

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alex Smith			
2	David Peck			
3	Oliver Brown			
4	Sara Hawkins	Treasurer		
5				
6				
7				
8				
9				
10				
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12				
13				
14				
15				
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17				
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Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

Structure, governance and management

Type of governing document

The charity, a Scottish Charitable Incorporated Organisation (SCIO), was set up by Sara Hawkins and Oliver Brown and was recognised as a charity with effect from 26 August 2015. The charity is administered in accordance with the terms of its Constitution.

Trustee recruitment and appointment

During the period covered by this report, no trustees resigned and no new trustees were appointed.

The appointment and removal of a trustee is in accordance with the Constitution. Trusteeship is open to any individual who subscribes to the purposes of the organisation. Any interested individual must apply to the board in writing to be appointed as a trustee and their application will be considered at the next Board meeting. Appointment is at the Board's discretion but must be notified to the applicant in writing. In accordance with the Constitution, the minimum number of trustees is three and the maximum is eight.

Objectives and activities

Charitable purposes

The purposes of the charity are as set out in Object 4 of the Constitution as follows:

- The organisation's purposes are:
- The prevention or relief of poverty;
- The advancement of public participation in sport;
- The provision of recreational facilities, or the organisation of
- recreational activities with the object of improving the conditions of
- life for the persons for whom the facilities or activities are primarily
- intended:
- The relief of those in need by reason of age, ill-health, financial hardship or other disadvantage;
- To increase awareness and understanding of sexual offences legislation and policies amongst the general public

Summary of the main activities in relation to these objects

The charity achieved these objectives through running a community codevelopment wellness centre. The charity deliver a one-stop wellness service that brings together movement and fitness support, access to physiotherapy assessments and personalised plans and most importantly, mental health services. The charity delivered over 150 hours per week of fitness, yoga and meditation. Community activities included:

- Senior Fitness Club: 10 hours of free fitness and yoga for community members aged 55+ with varying health conditions.
- Youth Fitness Club: A club aimed at 11-16 year old's providing 5 free hours of coached activities. Young adults learn to use the gym safely, enjoy new activities, such as boxing, cycling and yoga.
- Cancer-Rehab: This class brings together people of all ages who are undergoing or have been through treatment.
- Free and subsidised Counselling: Each week Projekt 42 provides counselling from 9am through to 9pm.

In the last 12-months, the charity has delivered over 1000 hours of free fitness and yoga activities and provided 1800 hours of free and subsidised counselling, CBT and psychotherapy. The charity has supported community members to further their employment opportunities through funding 54 training courses including, Level 2 Gym, Level 3 Personal Training, First Aid, Yoga and Zumba.

APPENDIX 1

Summary of the main achievements of	F
the charity during the financial period	

During this financial period, the charity had been delivering community fitness classes in Leith for 2 years and 8 months. The charity has gone from strength to strength reaching more people through fitness, yoga and mental health services.

Projekt 42 is particularly proud of services that have been delivered during this period. The delivery of a community led mental health service focused on prevention and direct intervention for mental health, supporting domestic abuse survivors, and meeting the needs of the rising need of the mental health and physical health problems of the community.

The charity has continued to gain a lot of recognition for the work that wedo, such as being recognised in the Scottish Women's Business Awards, Royal Bank of Scotland Great British Entrepreneur Awards and the WISE 100 Leading Women in Social Enterprise.

Financial review

Brief statement of the charity's policy on reserves	At August 31 2019, £90,152 was held at the bank. The restricted funds were to cover specific projects. At the year-end for 2018/2019, the restricted funds surplus as per the accounts, is £36,371. The unrestricted funds represents income earned and donations received but not utilised in supporting charitable activities. At the end of the year, the unrestricted funds held were £53,672.
Details of any deficit	
Donated facilities and services (if any)	

Other op	tional	inforn	nation
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Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
	Sara Hawkins	O.Brown
Full name(s)	Sara Hawkins	Oliver Brown
Position (e.g. Chair)	Trustee	Trustee
Date	29/05/2020	29/05/2020

Projekt 42



Receipts and payments accounts									
		Period start date				Period end da	te		
For the period	Da1	Month	Year	to	Day	Month	Year		
from	1	r September	2018		31	r August	2019		

SC045938

Section A Statement of rece			Expendable	Permanent		
	Unrestricted funds	Restricted funds	endowment funds	endowment funds	Total funds current period	Total funds las period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	17,239				17,239	9,58
Legacies	,200				,200	0,00
	13,853	116,829			130,682	36,34
Grants	13,653	110,029			130,062	30,34
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					_	
Rents from land & buildings					_	
Gross receipts from other charitable						
activities	164,858				164,858	102,74
A1 Sub total	195,950	116,829	_	_	312,779	148,66
A r dub totar	100,000	110,023			012,110	140,00
A2 Receipts from asset & investment						
sales						
Proceeds from sale of fixed assets					_	
Proceeds from sale of investments					_	
A2 Sub total	-	-	-	-	-	
	405.050	440.000			040.770	440.00
Total receipts	195,950	116,829	-	-	312,779	148,66
A3 Payments						
Expenses for fundraising activities						
					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable						
activities Grants and donations	107,353	79,746			187,099	88,68
					-	
Governance costs:					-	
Audit / independent examination	600				600	
Preparation of annual accounts					-	
Legal costs	420				420	
Other	2,500				2,500	
					_	
A3 Sub total	110,873	79,746	_	_	190,619	88,68
ı	110,010	10,1-10			100,010	55,00
A4 Payments relating to asset and						
investment movements						
Purchases of fixed assets	133,367	3,291			136,658	14,94
Purchase of investments					-	
A4 Sub total	133,367	3,291	_	_	136,658	14,94
-	,					.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
Total payments	244,240	83,037	-	-	327,277	103,62
<u> </u>						
Net receipts / (payments)	(48,290)	33,792	-	-	(14,498)	45,03
						-
A5 Transfers to / (from) funds					-	
A5 Transfers to / (from) funds Surplus / (deficit) for year					-	

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Section B Statement o	f balances						
Categories	Details	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
B1 Cash funds	Cash and bank balances at start of year	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
2.000	-	51,962	2,579			54,541	9,502
	Surplus / (deficit) shown on receipts and payments account	(48,290)	33,792			(14,498)	45,039
	Loan	50,000				50,000	
						-	
	Cash and bank balances at end of year	53,672	36,371	-	-	90,043	54,541
	(Agree balances with receipts and payments account(s))	-	-	-	-	-	-
	Details	1		Fund to which	asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments							
						-	
					Total	-	-
	Details		Fund to which	asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets	Debtors - Gift aid		Unres	tricted		2,407	2,669
	Capital equipment		Unres	tricted		140,728	36,558
						143,135	39,227
				Total		143,133	39,227
	Details			Fund to which li	ability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities	Accruals - accountancy			Unrest	ricted	600	600
	Trade creditors			Unrest	ricted	-	44
	National insurance & pension			Unrest		506 49,919	
	Loan			Unrest	ricted	49,515	<u> </u>
					Total	51,025	644
	Details			Fund to which li	ability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities							
					Total		
					Total		
Signed by one or two trustees on behalf of all the trustees	Signature			Print Name			Date of approval
	S.Hau	rkins		Sara Ha	wkins		29/05/2020
	S.Hau	.Brown		Oliver E	Brown		29/05/2020

APPENDIX 2 Projekt 42 SC045938

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)					
	see additional notes page				
	Type of activity or project su	pported	Individual / institution	Number of grants made	£
C2 Grants					
				Total	-
C3a Trustee remuneration	If an arrange and the second desires the second				
C3a Trustee remuneration	If no remuneration was paid during the pe cross this box (otherwise complete section		tee or person conr	lected to a trustee	
	, and the second				
	Autho	ority under which paid	d		£
C3b Trustee remuneration -		oney under miner part	-		22,296
details	Sara Hawkins				
C4a Trustee expenses	If no expenses were paid to any charity tr complete section 4b)	rustee during the period	I then cross this bo	ox (otherwise	х
C4b Trustee expenses - details				Number of trustees	£
O-D Trustee expenses - details					
	Nature of relationship	Nature of trai	nsaction	Transaction amount (£)	Balance outstanding at period end (£)
C5 Transactions with trustees and connected persons					
and connected persons					
C6 Other information					
ou other information					

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Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted Restricted funds		Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
Donations with gift aid	10,601				10,601	9,584
Donations without gift aid	6,638				6,638	-
					-	
Total	17,239	-	-	-	17,239	9,584

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
Main Grant Big Lottery		60,000	60,000	-
Childrens Lottery		44,829	44,829	_
Barchester		1,000	1,000	-
Cairn Energy		10,000	10,000	-
Edinburgh Council	13,853		13,853	_
Thomas Foundation		1,000	1,000	-
Foundation Scotland			-	2,500
PWC			-	1,000
Robertson Trust			-	13,500
Women's fund			-	2,000
Aberdeen Assets			-	3,109
Mars			-	4,240
Leith Decides			-	9,994
Total	13,853	116,829	130,682	36,343

3 Gross receipts from other charitable activities

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
Revenue from classes	164,858				164,858	102,740
					-	
					-	
					-	
					-	
					-	
					-	
					-	
Total	164,858	-	-	-	164,858	102,740

4 Payments relating directly to charitable activities

	Unrestricted Restricted funds		Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
Training	35				35	2,344
Fitness instructor	51,221				51,221	19,028
Marketing	1,930				1,930	682
Business Insurance					-	788
Legal and professional fees	4,751				4,751	4,476
Subscriptions					-	1,912
Studio expenses	1,841				1,841	3,268
Sundry expenses	12,534	748			13,282	13,332
Rent & rates	20,309				20,309	13,349
Salaries & wages	2,791	78,998			81,789	29,451
Bank charges	81				81	57
Counselling fees	3,828				3,828	
Heat & light	8,032				8,032	-
					-	-
Total	107,353	79,746	-	-	187,099	88,687

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Additional analysis (2) 5 Breakdown of unrestricted funds Unrestricted fund Unrestricted fund Unrestricted fund Unrestricted fund 1 - enter name of 2 - enter name of fund below 3 - enter name of fund below 4 - enter name of fund below fund below Unrestricted PWC & Aberdeen Leith Decides Edinburgh Total unrestricted Total unrestricted funds - general Receipts Donations 17,239 17,239 9,584 egacies 13,853 14,103 Grants 13,853 Receipts from fundraising activities Gross trading receipts Income from investments other than land and buildings Rents from land & buildings Gross receipts from other charitable activities 164,858 164,858 102,740 195,950 126,427 Receipts from asset & investment sales Proceeds from sale of fixed assets Proceeds from sale of investments Sub total 182,097 13,853 195,950 126,427 Total receipts Payments Expenses for fundraising activities Gross trading payments nvestment management costs Payments relating directly to charitable activities 86,414 4,109 6,497 13,853 110,873 56,153 Grants and donations Governance costs: Audit / independent examination Preparation of annual accounts Legal costs Sub total 86,414 4,109 6,497 13,853 110,873 56,153 Payments relating to asset and investment movements Purchases of fixed assets 133,367 133,367 14,941 Purchase of investments Sub total 133.367 133.367 14.941 4,109 6,497 Total payments 219,781 13,853 244,240 71.094 Net receipts / (payments) (37,684) (4,109) (6,497) (48,290) 55,333 Transfers to / (from) funds Surplus / (deficit) for year (37,684) (4,109) 55,333 (6,497) (48,290) Nature and purpose of funds

Projekt 42 SC045938

Additional analysis (3) 6 Breakdown of restricted funds Restricted fund 1 Restricted fund 2 Restricted fund 3 Restricted fund 4 - enter name of fund below - enter name of fund below fund below fund below Big Lottery Childrens Lottery Barchaster & Mars & Cairn Total restricted Total restricted Energy funds last period Foundation Receipts Donations Legacies 2,000 22,240 60,000 44,829 10,000 116,829 Grants Receipts from fundraising activities Gross trading receipts Income from investments other than land and buildings Rents from land & buildings Gross receipts from other charitable activities 60,000 44,829 2,000 10,000 116,829 22,240 Sub total Receipts from asset & investment sales Proceeds from sale of fixed assets Proceeds from sale of investments Sub total 116,829 Total receipts 60,000 44,829 2,000 10,000 22,240 Payments Expenses for fundraising activities Gross trading payments Investment management costs Payments relating directly to charitable activities 50,601 23,724 5,421 79,746 32,534 Grants and donations Governance costs: Audit / independent examination Preparation of annual accounts Legal costs Sub total 50,601 23,724 5,421 79,746 32,534 Payments relating to asset and investment movements Purchases of fixed assets 1,291 2.000 3,291 Purchase of investments 2,000 1,291 3,291 Total payments 50,601 23,724 2,000 6,712 83,037 32,534 Net receipts / (payments) 9.399 21,105 3.288 33,792 (10,294) Transfers to / (from) funds Surplus / (deficit) for year 9,399 21,105 3,288 33,792 (10,294) Nature and purpose of funds



	Ind	lepende	nt exam	iner's r	eport on the	ne accour	nts v2			
Report to the	Charity name									
trustees/members of	Projekt 42									
Registered charity number	SC045938									
On the accounts of the										
charity for the period	Day 1	Month September	Year 2018	to	Day 31	Month August	Year 2019			
		•				,5				
Set out on pages	(remember to include the page numbers of additional sheets)									
Respective responsibilities of trustees and examiner	with the te Charities A audit requ is my resp	erms of the C Accounts (So irement of R consibility to	Charities and cotland) Regulation 10 examine the	Trustee I gulations 2 0(1) (d) of accounts	e preparation of nvestment (Sco 2006. The charit the Accounts Ro as required und nave come to my	tland) 2005 Ac y trustees con egulations doe der section 44	ct and the sider that the es not apply. It			
Basis of independent examiner's statement	Accounts accounting those recounts a procedure	(Scotland) R g records ke ords. It also i and seeks e s undertake	Regulations 2 pt by the chancludes con explanations on do not pro	2006. An earity and a sideration from the to vide all the	with Regulation examination inclease comparison of of any unusual rustees concerne evidence that topinion on the	udes a review the accounts items or discloing any such r would be requ	of the presented with osures in the matters. The			
Independent examiner's statement		\$1000 65			nas come to my					
			easonable ca	ause to be	lieve that in any	material resp	ect the			
	 requirements: to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations 									
	have not been met, orto which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.									
Signed:	K	Va			Date:	29 May 202	0			
Name:	Kenneth	Kilpatri	Lck							
Relevant professional qualification(s) or body (if any):	ACCA									

Address: Kilpatrick Accounting

Glasgow G69 9NB

Chryston

172 Cumbernauld Road

^{*}Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose